*Single Sided Printing

50mm

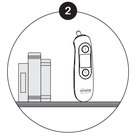
75mm



1

Unpack thermometer and insert batteries

2



Condition the thermometer at room temperature for 30 minutes before using device for the first time

3



Remove protective cap covering probe lens

4



Use a new probe cover with each and every measurement - ensure probe cover is fitted on firmly before use

5



Press the '⏻ M ' button to turn on the thermometer

6



Press and hold 'SCAN' button for 3 seconds until the Age+Exact™ icon flashes. Release 'SCAN' button then press again to cycle through '0~3', '3~36' and '36+' age ranges. After no press for 3 seconds the age range will be selected.

7/A



Straighten the ear canal by pulling the outer ear straight back to give a clear view of the eardrum

For ages:
Newborn to 1 year

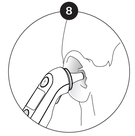
7/B



Straighten the ear canal by pulling the outer ear up and back to give a clear view of the eardrum

For ages:
1 year to adult

8



While pulling the outer ear, insert the probe into the ear canal - insert as deep as is comfortable

9



Press and immediately release the 'SCAN' button.
Do not remove the thermometer from the ear until you hear the beep sound - this beep means that the measurement is complete

10



Remove the thermometer from the ear. The display shows the measured temperature

11



Press the button on the back to release the used probe cover

12



For forehead mode point the thermometer to the forehead about 1~3 cm away from the skin surface. Press and immediatley release the 'SCAN' button. The thermometer will beep and the display will show the measured temperature.

ET-100EF_UK_QSG_20250716_v4

54mm

79mm

kinetik WELLBEING

Ear & Forehead Thermometer

REF ET-100EF

Quick Start Guide

Cover

54mm

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Back Cover