Quick Start Guide

BPx2

Advanced Blood Pressure Monitor
X2 Comfort
Unpack, insert batteries and setup Blood Pressure Monitor.
Insert cuff into the left side of monitor unit.
Remove thick clothing from arm.
Rest for a few minutes in a relaxed position.
Place your arm resting on a firm surface.
Apply cuff to the left arm and keep level with heart.
Press start button to begin blood pressure measurement.
for more information visit:
kinetikwellbeing.com